



NEWS LETTER

NOVEMBER 2025

Hello everyone!

Not sure about closures or changes? Stay connected:

-  Check your email
-  Visit our website news
-  Follow us on social media

We're now in full swing with our fall programs, and as we move into the next phase of the season, please note that no further changes or additions will be made to classes, as upcoming evaluations will be happening soon.

Looking ahead, Winter Season Registration is just around the corner! Our team is putting the finishing touches on the winter programs. We expect the full calendar to be available by the second week of November. Once it's live, you'll be able to preview the schedule and plan ahead for registration.

Thank you for your continued support — we can't wait to share another great season with you and your family!

IMPORTANT DATES

Nov 11	Remembrance Day - No Classes Gym Closed
Nov 24	Member Priority Registration
Nov 28	Pro-D Day Camps
Dec 1	General Registration

GYMNAESTRADA 25/26

There are a couple more try out dates for Gymnaestrada program. Last day to register is December 1. There is also information about the program and a handbook. If you want to book for this, please click the link: [Gymnaestrada](#)

PRO-D DAY CAMP

Registration is now open for our upcoming Pro-D Day Camp on Friday, November 28! This camp's theme is "Snow and Ice" — though we're hoping the weather doesn't match the name! Join us for a fun-filled day of creative activities, games, and winter-themed adventures designed to keep kids active and engaged.

9:00 AM - 4:00 PM
Ages: 6 - 12 years

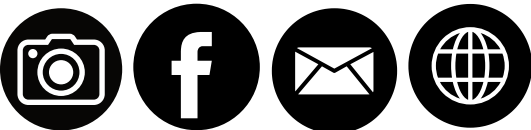
BIRTHDAY PARTIES



Birthday Parties: There are only 2 dates left for parties for 2025! Here are the dates:

November 9
December 14

(Note: 2026 Birthday Parties will be ready same time as registration)



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DID YOU KNOW ?

General Inquiries (250) 746-0193

"News" – In case you miss something in emails, the website has a header tab called News.

"Parking Issues" – Heads up! Parking will be tough **Nov 13–16** with the Christmas Chaos Market at the center. Please plan ahead for classes and parties.

UPCOMING FUNDRAISERS



Purdy's Chocolate Fundraiser
Orders Due By: November 25
Browse the tastiest selection of Winter fundraising chocolates online.

Holiday



Growing Smiles Fundraiser
Orders Due By: November 15

Enjoy poinsettias around the house; hang up a wonderful wreath for the front door; or place a centerpiece for your table.

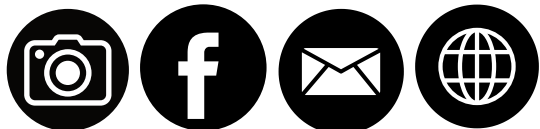
COACHES WANTED

We're Hiring

Please send resumes and experience to Karl McPherson: headcoach@ddgc.ca.



SICK POLICY: Just a reminder that if your child is sick, under the weather, coughing or has flu-like symptoms, please stay at home. IF THE STAFF GET SICK, CLASSES GET CANCELLED.



ANNUAL GENERAL MEETING

Our Annual General Meeting (AGM) is set for this year so please,

Save the Date:

Thursday, December 4 at 6:30 pm.

This is a really great time for members to find out what's going on behind the scenes at the gym and learn more about DDGC as a not-for-profit.

Everyone is welcome and we encourage you to attend!



INVITATIONAL COMPETITION SCHEDULE

Anyone is welcome to come and see it!

Save the Date!

ORCA Invitational – April 23–26, 2026



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SPECIAL FUNDRAISING

Dear Members,



As a non-profit community club, we rely on the incredible support of our members and local families to keep providing the best possible experience for our gymnasts. We know the contributions you have provided for us in the past and appreciate your help very much.

This year, we're fundraising for a few important upgrades that go beyond our regular operating budget:

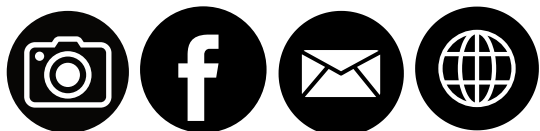
- Upgraded changerooms
- A water bottle filling station
- A new rod floor

These improvements will make a big difference for all of us – giving every athlete a safer, more welcoming, and better-equipped environment to train and grow. Of all the monies donated, 100% goes directly to these club improvements.

We'd be so grateful if you could help us reach our fundraising goals by making a donation. Every contribution, big or small, truly helps. As a registered non-profit, we can also provide donation receipts for gifts of \$100 and up upon request.

Thank you for being such an important part of our gymnastics community and for helping us continue to build a strong foundation for our athletes here in Duncan.

For further information phone or email the office.



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