# DDGC NEWS

#### **Important Dates**

January 1	New Year's Day!
January 6	First Day of Monday Classes
January 7	First Day of Tuesday Classes
January 8	First Day of Wednesday Classes
January 9	First Day of Thursday Classes
January 10	First Day of Friday Classes
January 11	First Day of Saturday Classes
January 15	Single-Day Classes Open for Registration
January 31	ORCA ONLINE 5050 DEADLINE
February 1	Withdrawals no longer eligible for any cred

ET SAAFS

#### **Invitational Deadlines**

January 10	Registration Deadline for Orca Invitational
January 20	Registration Deadline for Island Time 2025
February 1	Registration Deadline for Garden City 2025

#### January 2025 Edition

Happy New Year! Welcome to January 2025

Winter classes are right around the corner starting January 6th. We can't wait to see all of you in class!

Single Day classes (previously known as Drop-In) will be opening up again after classes start so stay tuned and check in on the registration calendar. These classes are booking up more and more so register in advance or you might miss your chance.

Our office hours are changing. Check out our office hours page on our website before you stop by.



Duncan Dynamics Gymnastics Club is seeking individuals who are enthusiastic, motivated, kind and who love working with children & youths to join our coaching team! Coaches must be Gymnastics Foundation certified and Safe Sport Certified.

#### No experience? No problem!

All enthusiastic coaches-to-be are encouraged to apply. Please send resumes with any relevant experience to our head coach: headcoach@ddgc.ca. If you know anyone who may be interested, please pass on the message to them! Our **Coach-In-Training Program** is for anyone 13 years and up!



# ORCA Save the date! oril 25-27 2025

Sponsorship opportunities for businesses



**Check out** our Event Website



**Donate items to** our club as an in kind donation!



**Support the Indigenous Community!** For every registered athlete we are donating \$5 to Stuart Pagaduan, the

creator of our event logo, to donate to a charity of his choice.

# Learn about our online **FUNDRAISERS**

#### WHAT A SUCCESS!

Thank you to everyone who purchased flowers and chocolate through our online winter fundraisers this year!



ORCA ONLINE 50/50 IS HERE!

## **DDGC SWAG SURVEY**

We want to know what kind of Duncan Dynamics swag you're interested in. Here's a quick link to let us know:

https://forms.gle/TkiKCSnVYuoNQwad6



#### https://ddgc.rafflenexus.com/

Our Orca 50/50 is one of the most popular fundraiser events of our annual invitational and now we are making it available to you online! Get your 50/50 tickets today!

# TicketsonlyonlyondialableondialableuntilJanuary 31.

# WINTER SEASON January to March

#### PREPARE FOR CLASSES

The Winter 2025 Season begins January 6th!

- Get ready for classes and make sure that you have:
- A labelled refillable water bottle.
- A T-shirt and comfortable shorts or pants, or a Leotard.
- An Extra 5 minutes before and after class for drop off and pick up.
- Your permission form submitted to info@ddgc.ca if others will be picking up or dropping off your child besides you.
- Your payments made, or payment plan in effect before your first class.

#### **REMEMBER THE RULES AND BE SAFE**

- Do not wear jewellery or hair accessories to class, they become a hazard when they fall out.
- If any coach yells "FREEZE!", stop all movements.
- Don't leave the gym without an adult with you.
- Listen to your coach.

- Walk from place to place and watch where you are going.
- Tie long hair up into a simple pony tail with a simple hair tie
- Be kind to others, harmful behaviour will not be tolerated.
- Stay with your group.
- Parents should not enter the gym during classes (with exception to Active Start 1). This allows your class coach to build rapport and trust and empowers your gymnast while building confidence.
- Talk to your coach if you are feeling over or underwhelmed.

#### **TECHNICAL OUTAGE**

Technical Support is working as hard as they can to fix the problem preventing many members from making payments or finishing check-out when selecting Credit-Card.

**If you are affected by this outage**, please select E-Transfer instead so that you can finish check-out and let us know. We accept debit, credit card and cash payments in the office and E-transfers can be sent to info@ddgc.ca in the meantime.

Thank you for donating your bottles to our club!

Juncan Take your bottles to the Return - It in Duncan and tell them that you want to put the proceeds towards our "**Duncan Dynamics**" account.

Return-It

2 4 NEW YEARS EVE NEW YEARS DAY 6 8 9 10 FIRST WEEK OF WINTER 2025 RECREATIONAL CLASSES 14 15 16 18 13 17 20 23 24 22 25 СНЕСК OUT SINGLE DAY CLASS OFFERINGS OPENING тніз WEEK REMEMBER то REGISTER воок UΡ EARL BEFORE HEY 29 27 28 31 WITHDRAWALS NO LONGER ONLINE ELIGIBLE FOR ORCA CREDIT **/50 ENDS** 



SUNDAY

12

19

26

MONDAY

### JANUARY CALENDAR

WEDNESDAY

THURSDAY

FRIDAY

Join our

Weekly Updates HERE

<sup>Join</sup> the Waitlist Roundup

HERE

SATURDAY

TUESDAY