



DDGC
.CA

NEWS LETTER

AUGUST
2025

Halfway Through Summer at DDGC! We're having a blast this summer and ready for another warm month filled with fun and energetic camps! Be sure to check out our Summer Camp Themes. Fall classes are filling fast—register now to secure your spot! But don't worry, we're not ready to think about cooler weather just yet. Let's keep enjoying the sunshine, laughter, and everything that makes summer at DDGC so special!

Important Dates

Aug 4	BC Day - No Classes
Aug 15	Fall Recreational Registration Ends
Aug 25	Invitational Summer Training Ends

SUMMER CAMPS:

WEEK 4: DINOSAURS
WEEK 5: SUPERHEROS
WEEK 6: ADVENTURES IN SPACE
WEEK 7: CIRCUS PALOOZA
WEEK 8: WE LOVE ANIMALS!
WEEK 9: BACK TO SCHOOL

NEW PROGRAMS

Pop-up Acro Workshop - NEW!

These two hour workshops assist competitive dancers in learning advanced development skills for their Acro dance routines. This is for 6+.

MAG Dynagym 1 - Pilot Program - NEW!



This is a 1.5 hour beginner gymnastics class focusing on Men's Artistic Gymnastics (MAG). MAG will be developing skills using the men's gymnastics equipment. We will work on all of the fundamental movement patterns while learning through games and fun activities. This is for 6+

FALL REGISTRATION



Fall Recreational Registration has begun in full force for everyone. Registration opens until August 15th and late fees will apply after August 15th.

Our MAG DynaGym Pilot Program will be renamed "DynaGym 1 - Boys" for the Fall session. We are actively exploring more class options for waitlisted programs and you will receive email notifications when spots become available.

Registration will be available through your online portal: www.ddgc.ca/registration/



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WWW.DDGC.CA

DID YOU KNOW ?

General Inquiries (250) 746-0193

We have some items for sale that remain after our ORCA invitational meet in April. Here's what is for sale:

- Croc charms available 1, 2, 6, 8, 9, 11, 12, 14, 15
 - 1 for \$2
 - 3 for \$5
 - 8 for \$10
- Blankets \$20
- Massage balls \$5



You can email orca.ddgc@gmail.com to purchase.

ACKNOWLEDGEMENTS

We want to thank all the coaches for their enthusiasm with the summer programs. For some, it is a long full day with the classes as well as setting up and taking down.



THANK YOU!



A big thank you to all our enthusiastic gymnasts who performed at the Duncan Days Parade on July 12! Your energy, spirit, and smiles truly stood out—we're so proud of the way you represented DDGC. We also want to extend our appreciation to the coaches who came out to support and represent the club. It was a hot summer day, but your dedication and team spirit made it a great one!



BIRTHDAY PARTIES



Birthday Parties for the summer has opened up, and we are doing 3 spots for both Saturdays and Sundays. There are spots still open and we also are opening them up for the fall season.

COACHES WANTED



Coaches must be Gymnastics Foundation certification, Comp 1,2,3 trained or certified. All applicants are encouraged to apply. Please send resumes and experience to Karl McPherson: headcoach@ddgc.ca.

